

### Glaucoma Week

Damage from pressure in the eye is the commonest cause of blindness which is not reversible. The solution is routine eye checks to detect this painless, gradually blinding disease. People need to be aware of the problem and what to do. As always, the way forward is public awareness.

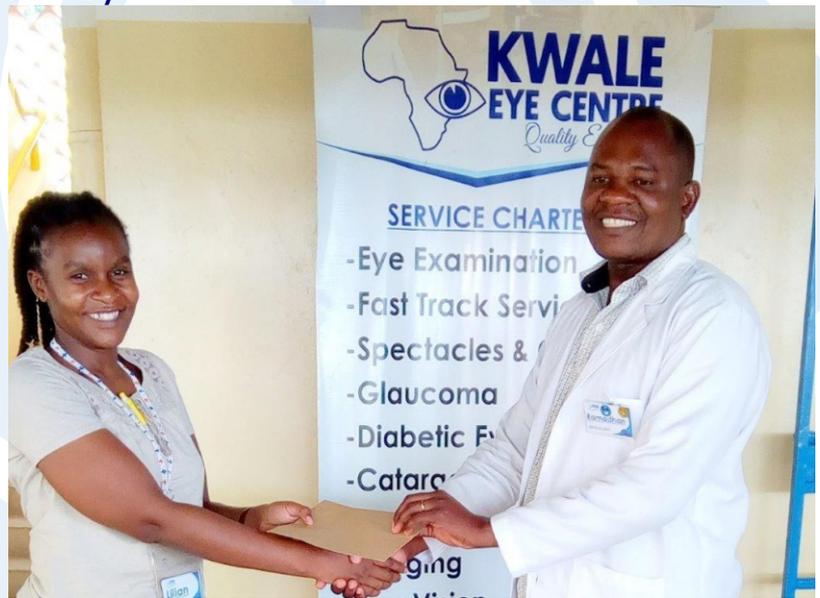
Glaucoma week is an international event to spread the word.



Here we are talking to communities and checking eyes in the remote rural areas where few people can access eye care any other way

### Training

Making sure that professionals younger than us have good knowledge and a passion for improvement is key to enabling good eye care services for the future.



Dr Khalila [ left] is a qualified doctor who is training to become an ophthalmologist and Ramadhan, pictured here with Lilian, is training to become a cataract surgeon

## Volunteers from the UK



Ophthalmologists Sarah Lucie, Bruce James ( left ) and Imran Yusuf ( at the computer ) come at their own expense to train, get involved in fieldwork, policies, guidelines and surgery.



Here they are teaching Lilian , George, Albert and Dr Masila visiting from Kikuyu Eye Unit and overseeing surgery training with Caro and Dr Khalila

## Fundus Camera

Donated by Sarah Lucie's eye department from a previous visit. Having good photos of the patients condition is really helpful for explaining to the patient, teaching and for management of the condition



## AGM



March saw our volunteer trustees meet for a review of 2017, during which we happily reported an increase in the number of patients served and ongoing plans to reach yet more

## Optical



Little Nancy was born blind because of cataracts. Her mother had no idea what to do until a friend took her to an eye screening which we were doing near her village.

Here she is having had her surgery seeing life for the first time!

## Low Vision

Elijah points to a picture on a card as our vision therapist, Morris, measures his sight after surgery.

'He's a completely different child' laughs his mother, 'it's as if he is discovering the world for the first time. Which I suppose he is!'



## Children Play area



Keeping children happy and busy during their hospital visit is key to their willingness to come back. The Child Eye Health programme donated this colourful play area to give the children a good hospital experience.

# More eye surgeries



Both in the field , pictured here a screening with Soko and ASOS, and back at base, battling needless blindness is about preventing and treating eye disease.



Awareness to overcome the barriers to people reaching care, quality affordable treatment, good follow up and optical supply, and training of all those who are learning how to do the job. That's the task in a nutshell. It all costs money of course and patients often struggle to pay anywhere near the real costs of providing the service. That's where you all come in.

**Thank you for your support; we couldn't do it without you.**

Kwale Eye Centre  
P.O Box 901 - 80100  
MOMBASA, KENYA  
0722 / 0733 785996  
[eyeskwale@africaonline.co.ke](mailto:eyeskwale@africaonline.co.ke)