



Teaching school children about eyes. This group from St John the Baptist school in Likoni spent a day at the eye centre. They chatted with some patients who had just had surgery. The patients encouraged them to work hard so that they could become doctors and help people like them to see.

## WORLD SIGHT DAY

World Sight Day 2021 at Kwale Eye Centre was an opportunity to create awareness about the importance of an eye check for everyone.



Surrounded by eager children, Dr. Helen cuts the cake to celebrate world sight day. The theme this year is 'love your eyes'

## WORLD DISABILITY DAY



Creating awareness and testing eyes in Kwale town

## TRAINING IN THEATRE



Students no longer have to group around the microscope breathing over both surgeon and patient; there is a closed circuit TV system so personnel in theatre can see the same view as the surgeon and students can even relax outside and watch the procedure with less risk of Covid and other infections

## IN MEETING ROOM

Dr Stefan visits from Germany. His main role is to train. Here he uses the meeting room to teach



## IN CLINIC



Buore, a Clinical Officer in specialist training from Kenya Medical Training College, Nairobi, examines a patient at the slit lamp

In the big picture, training is the most important thing we do; supplying the nation with competent, responsible professionals in eye care. After his six months attachment Buore looks forward to improving the standard of eye care in his hometown of Kisumu County



Inside the right eye of a patient with diabetes showing exudates and hemorrhages. This patient, as for every diabetic, will need close follow-up for life. This camera makes screening of diabetics much more effective both in the clinic and in the field

Fundus camera which works without even putting drops in the eye. This is very valuable both in the clinic and in the field. Donated by Mamujee Brothers Foundation. This is very valuable here in the clinic.

## IN LOW VISION



Currently we care for 417 children with low vision in mainstream schools and 234 in special schools

109 people with low vision were newly identified, assessed and an individual action plan began

Of these 81 were children and 28 adults

56 low vision devices and spectacles were issued.

373 Children who had cataract surgery were followed up at home and school

As in every department training is key

Here we see two government nurses who work in maternal and child health discussing a case with Almasi (left) and Hamadi (right) about a child that they have just seen



## IN OPTICAL

A pair of spectacles can literally change a child's life.

These young men proudly wore their spectacles to school and very quickly went from bottom of the class to top!



## STAFF TEAM BUILDING



Dr Lakhani is a global speaker on motivation and we were privileged to have him come and teach the staff one Saturday

'I learned a lot' reported Brenda, one of our patient attendants ' much of it about myself '

## FUNDRAISING



Reigning champions, Princess Mariya fished by Richie, Kahindi and Liam won the eye go fishing again this year. Kes 490,555 was raised and we will use this to restore sight on people who are too poor to pay

## WORK DONE 2021



61,161  
Awareness



34,243  
Patients Seen



109  
Low Vision



1,731  
Reading Glasses



1,203  
Cataract  
Surgeries



58  
Children  
Surgeries



41  
Glaucoma  
& Laser Surgeries



2,093  
Distance  
Glasses



## MEDICAL DIRECTOR'S MESSAGE

As the world recovers from the impacts of Covid we are seeing more patients than ever before

It is shocking that, even in our area where we have been working for 29 years, people are still becoming blind due to poverty

The irreversible loss of sight from glaucoma continues to be a significant cause of blindness and the main reason for adults needing our low vision services.

Low vision in children has been especially busy with 109 children newly identified and helped

The need for corrective spectacles is becoming an increasingly significant cause of visual disability as people ask more of their eyes at computers and driving and we are seeing a surprising number of serious refractive error in school children. This is all evidence that a high quality efficient refractive service is key to addressing needless visual disability

Our community based programme continues to work closely with persons with other disabilities advocating support, referring to appropriate players and creating awareness

We would like to thank all our stakeholders for their firm support in our work, such success cannot be achieved without them

## A MESSAGE FROM THE CHAIR



After many years of serving on the board I was delighted to take on the role of Chair  
Our services are very much needed and it gives me great pleasure to report that we have had a very busy year in 2021

Strong governance of this Eye Centre is key to being able to continue to offer a quality efficient service.

I'm very much enjoying working with the stakeholders as we continue to drive this County towards our vision of a society with no avoidable blindness and inclusive of those with any disability

## THE GIFT OF SIGHT



An odd way to make friends. Ruth and Juliet are friends for life. It's an unlikely friendship as they don't go to the same school or even live close to each other. But they have both been through trauma and eye surgery. 'Whenever I was scared' explained Ruth 'I knew I had to hide it, otherwise I would scare my friend who had to go through the same experience' 'I always followed Juliet' Ruth continued, 'she was never afraid or in pain, so neither was I'



All these children had sight restoring surgery

# THANK YOU !

Kwale Eye Centre  
P.O Box 901 - 80100  
MOMBASA, KENYA  
0722 / 0733 785996

[eyeskwale@africaonline.co.ke](mailto:eyeskwale@africaonline.co.ke)

[www.eyesforeastafrica.org](http://www.eyesforeastafrica.org)