



Here we see our Community Based Worker, Robert, teaching a women's group about eyes, how to look after them, and what to do with anyone who has a problem. These ladies will refer onto us those who need help.

So far this year we have seen over 6,000 people in the field and 8,000 in the clinics.

WORLD WOMEN'S DAY



(Left) Mishi, Dr Helen and Vera ..three women hard at work to help provide affordable, accessible eye care. (Right) Some very happy women, after their cataract surgery.

WORLD GLAUCOMA WEEK



Glaucoma doesn't usually hurt and the patient is often unaware that they have any eye problem until a lot of sight has been lost. This sight cannot be recovered, so it's all about awareness. In most cases glaucoma is manageable with daily eye drops. It is crucial that these are continued for life and that the patient follows up regularly.

(Right) Ali, instills drops into the eyes of Mama Fauzia. Ali's next task is to teach Mama Fauzia how to put the drops in herself. If she is to keep her sight she needs to continue with these drops twice a day for the rest of her life.

CATARACT AWARENESS MONTH - JUNE 2022

Cataract remains the commonest cause of blindness in Kenya

So far this year we have performed over 800 cataract surgeries, of whom 231 were blind in both eyes by the time they reached us



52 of these were in children. Rama's father Ali first took him to the witch doctor. But the witch doctor was unable to help and finally, through our Community Based Worker, Ali found his way to the Eye Centre where his child's sight was restored.

If Ali had given up trying his son would have remained blind for life

LOW VISION



(Left) Morris, vision therapist, and Violet, trainee Ophthalmic Clinical Officer, test the left eye of a small child who is too young to know his letters and (right) an older child using a matching image test

COMMUNITY BASED PROGRAMME

Many people suffer from blindness, but cannot get to Kwale Eye Centre.



(Left) Hamadi, our community-based worker, attaches a visual acuity chart on the door of somebody's hut. Hamadi's job is to find these people, literally by bringing basic screening for eye disease to their homes

(Centre) People, blinded by cataract, on their way to the Eye Centre for surgery.

Many people cannot reach care, because they may not know that there's anything that can be done and they cannot overcome the barriers to get themselves to the Eye Centre. This is why we have a community-based program, part of whose remit is to find people suffering needlessly from visual impairment.

(Right) A generation ago, young John would have been considered a curse put on the family by a disgruntled neighbour. He would probably have been hidden away in the hut and never given the chance of a normal life. People with oculocutaneous albinism have visual challenges.

Here we see Dena, our community-based worker, taking the child through his school book. It took literally years for Dena to persuade the family that these children deserve a normal life, including access to education.

'When the child with albinism is able to go to school ' explains Dena, "They are clever and they do well. Our job is not just about giving people better sight. We need to help them overcome visual challenges and have better lives".

VISION IMPACT PROJECT (VIP)



The vision impact programme signed an MOU with the county and the project launch took place in Nairobi.

This 4 year project, funded by CBM in Kwale County, aims to empower government eye services to upscale primary eye health, referring those who need more care to us at the Eye Centre.

TRAINING

the most important we do long term
our own Team



Teamwork and communication - both fundamental to effective working - (Left) Dr Aryn takes The Team through some fun and instructive exercises one Saturday morning (Right) Tay teaches photography



TRAINING of students from outside
We have trained two ophthalmologists, 4 Ophthalmic Clinical Officers, 5 optometrists and 6 nurses and an administrator.



(Left) Andrew Blaikie, the inventor of the arclight, teaches us how to use it. This affordable, robust device is literally brilliant for an eye exam both in the clinic and the field.

(Right) Dr Mark Wood OBE teaches our trainee Ophthalmic Clinical Officers case by case.

OPTICAL



Without spectacles many people see less well. This includes children who, with poor sight, do not do well at school or socially. At Kwale Eye Centre so far this year we have issued over 2,000 reading and distance glasses.

EMERGENCY SURGERY SAVES EYE



Little Nelly was helping her grandmother chop firewood when a piece flew into her right eye. Here we are Sunday morning operating to try to save the eye. Two days later, out of pain, she is off home but she will need close follow up and care.

CHILD BLIND FROM CATARACT SEES AGAIN

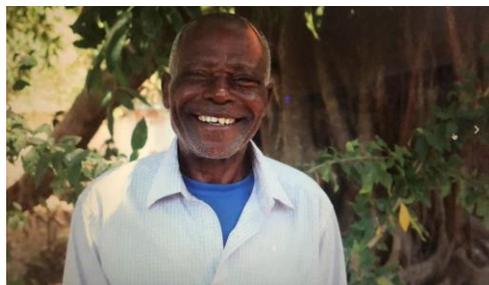
Rukia was a happy child, from an early age, followed her mother around and, increasingly, helped her with the chores. But then things changed. Rukia seemed uncertain of herself and often fell over things. She became quiet and withdrawn.

Her mother, Sophie, did not know what to do. She had no idea what was going on with her daughter. Then, at a wedding, she was approached by a friend of a friend who had been to the Eye Centre and had cataract surgery.

'Your daughter is having trouble seeing' she said, 'do you want me to ask my friend who works at the Eye Centre if he can come and see her?'



Here we see a happier Rukia recovering from her surgery and looking forward to going home.



We could not have helped these people without your support

THANK YOU

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