# January to March 2026

Dear Kwale Eye Centre Family,

As we wrap up the first three months of 2026, I've been reflecting on where the "heart" of our work truly beats. If you were to look for us, you wouldn't just find us in the sterile halls of an operating theatre or behind a clinic desk.

You would find us where the people are.

Because of your support, our teams have spent this quarter in schools, rural health centres, and sitting on porches outside family homes. We believe that no one should lose their sight simply because they live too far from a hospital.

## More Than Just a Pair of Glasses

It sounds so simple, doesn't it? A pair of glasses. But for a child who can't see the chalkboard, or a grandmother who can no longer sew, it is a total transformation. Our Low Vision, Children's, and Optical departments have been buzzing. From the first diagnosis to the final fitting—and even the inevitable repairs when kids are just being kids—every step is a labor of love made possible by you.

## Growing Together: From Kwale to the World

We believe that to provide the best care, we must never stop learning. This quarter was particularly special:

Global Learning: Our very own Vera and Amos travelled to the world-renowned Aravind Eye Hospital in India for leadership training. They've returned with fresh fire and new ideas to serve our community.

Collaborative Spirit: We were honored to host visiting professionals who shared their expertise, helping us stay at the forefront of ophthalmological care. Whether it's an in-house workshop or a national conference, we are constantly sharpening our skills to ensure our patients get nothing short of the best.

## The Silent Thief: World Glaucoma Week

In March, we turned our focus to Glaucoma. It is a cruel disease because it blinds painlessly and irreversibly. Too often, patients arrive when it is already too late. This quarter, we hit the ground running with awareness campaigns, teaching the community that a simple routine eye check isn't just a luxury—it’s the only way to save their sight.

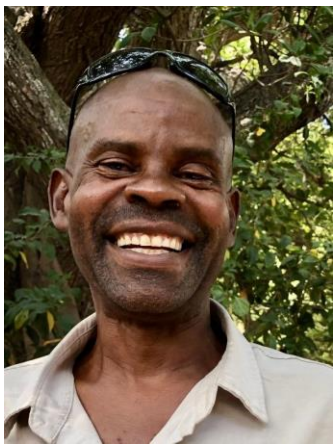
## Celebrating Our Pillars

On International Women’s Day, we took a moment to pause and ask: Where would we be without them? From our dedicated female staff to the resilient mothers and daughters we treat, women are the backbone of our center and our community.

## A Note from Those You’ve Helped

"Thank you for helping us make lives brighter."

Those words come directly from our patients. But truly, those words are for you. You aren't just donors; you are part of the Kwale Eye Centre family. You are the reason a child sees their mother’s face clearly for the first time this year.



**With gratitude,**

**The Kwale Eye Centre Team**

**Thank You for Being Part of Our Family!**

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welcome@kwaleeye.org